

Lesson 3: Food Journey

Learning Intentions: WALT

- 1 Explore how our food gets to our plates
- 2 Explore and Identify which foods are:
 - Grown
 - Picked
 - Come from animals
- 3 Explore who gets us our food:
 - Farmers
 - Supermarket workers
 - Butchers
 - Bakers
 - Chefs

Learning Outcomes: WILF

- 1 The ability to identify wether we like a food based on its:
 - Colour
 - Texture
 - Taste
 - Smell etc



FOOD POSSIBILITIES

Phase 1: Engaging Hook

- *This lesson will follow a KWL format. What we Know, what we Would like to know and what we have Learned.*
- Teacher will show the class an oregano or bean plant.
- Teacher will ask the class if the know how the plant grew/ where it came from.
- Teacher will show the children a seed and explain that the plant grows over time when the seed is planted in soil and it is watered regularly.
- Teacher will emphasise the time and work that's goes into producing foods.

Phase 2: Demostration of Main Task

- What we know:**
- Teacher will then ask the class if they know where any of the food they eat comes from.
 - Teacher will compile children's answers on post-it notes to stick on a KWL display.
- What we would like to Know:**
- Teacher will ask the children what they would like to know and add their suggestions to the board.
 - *This display could be part of and overarching Food Possibilities display board.*

Phase 3: Main Task

- Sorting food into 'from animal' and 'from plant
- Children will be provided with Food Possibilities worksheets

Cross Community/ Curricular Links:

- Numeracy:(Key stage 2) use of venn diagram.
- World Around Us: (foundation Stage) Farm topic. How things grow.
- Many schools are now developing their own community garden or polytunnel.
- Farm to Folk by Tesco.
- Social Farms & Gardens NI.
- Streamvale Open Farm, East Belfast.
- Clementsmount Fun Farm, Crumlin.
- Tannaghmore Animal Farm, Craigavon.
- Annaginny Farm Park, Dungannon.
- Sperrin Fun Farm, Derry/Londonderry.
- Parents should be encouraged to discuss food journeys at meal times

Phase 4: Closing Activity

- What we have learned:**
- Teacher will show a PowerPoint with slides of different foods.
 - Children will write food one side of a white board and animal on the other side.
 - Children will have a 'show me don't shout' quiz.
 - When a food is shown on the board children will hold up either side of their white board to show where the food comes from.
 - Children will be reminded to show their answers and not shout out.

Phase 5: (assessment of learning)

Teacher will mark written workforce lesson phase 3 to assess childrens' understanding.

Resources Needed:

- 1 Bean or oregano plant

Links to the Northern Ireland Curriculum:

- Thinking, Problem-Solving and Decision-Making
- Self Management
- Working with Others
- Managing Information

